

Human IL-10 ELISA Kit

Catalog No: CK403

Size: 12 x 8 wells

Lot Number: 5111901

I. Introduction

Human IL-10 is produced by activated CD8 (+) peripheral blood T cells, by T-helper CD4 (+) T-cell clones after both antigen-specific and polyclonal activation, by B-cell lymphomas, and by monocytes following cell activation by bacterial lipopolysaccharides and mast cells. IL-10 is a homodimeric protein with subunits having a length of 160 amino acids. Human IL-10 shows 73 percent amino acid homology with murine IL-10. IL-10 inhibits the synthesis of a number of cytokines such as IL-2 and TNF-beta in Th1 T-helper subpopulations of T-cells but not of Th2 T-helper cells. IL-10 also inhibits mitogen- or anti-CD3 induced proliferation of T-cells in the presence of accessory cells and reduces the production of IFN-gamma and IL-2.

The Cell Sciences® Human IL-10 ELISA (Enzyme-Linked Immunosorbent Assay) kit is an in vitro enzyme-linked immunosorbent assay for the quantitative measurement of human IL-10 in serum, plasma, cell culture supernatants and urine. This assay employs an antibody specific for human IL-10 coated on a 96-well plate. Standards and samples are pipetted into the wells and IL-10 present in a sample is bound to the wells by the immobilized antibody. The wells are washed and biotinylated anti-human IL-10 antibody is added. After washing away unbound biotinylated antibody, HRP-conjugated streptavidin is pipetted to the wells. The wells are again washed, a TMB substrate solution is added to the wells and color develops in proportion to the amount of IL-10 bound. The Stop Solution changes the color from blue to yellow, and the intensity of the color is measured at 450 nm.

II. Reagents

1. IL-10 Microplate (Item A): 96 wells (12 strips x 8 wells) coated with anti-human IL-10.
2. Wash Buffer Concentrate (20x) (Item B): 25 ml of 20x concentrated solution
3. Standards (Item C): 2 vials, recombinant human IL-10.
4. Assay Diluent A (Item D): 30 ml, 0.09% sodium azide as preservative. For Standard/Sample (serum/plasma) diluent.
5. Assay Diluent B (Item E): 15 ml of 5x concentrated buffer. For Standard/Sample (cell culture supernates/urine) diluent.
6. Detection Antibody IL-10 (Item F): 2 vial of biotinylated anti-human IL-10 (each vial is enough to assay half microplate).
7. HRP-Streptavidin concentrate (Item G): 8 µl 10,000x concentrated HRP-conjugated streptavidin.
8. TMB One-Step Substrate Reagent (Item H): 12 ml of 3,3',5,5'- tetramethylbenzidine (TMB) in buffered solution.
9. Stop Solution (Item I): 8 ml of 2 M sulfuric acid.

III. Storage

May be stored for up to 5 months at 2° to 8°C from date of shipment. Standard (recombinant protein) should be stored at -20°C or -80°C (recommend at -80°C) after reconstitution. Opened Microplate Wells may be stored for up to 1 month at 2° to 8°C. Return unused wells to the pouch containing desiccant pack, reseal along entire edge of zip-seal. Note: the kit can be used within one year if the whole kit is stored at -20°C. Avoid repeated freeze-thaw cycles.



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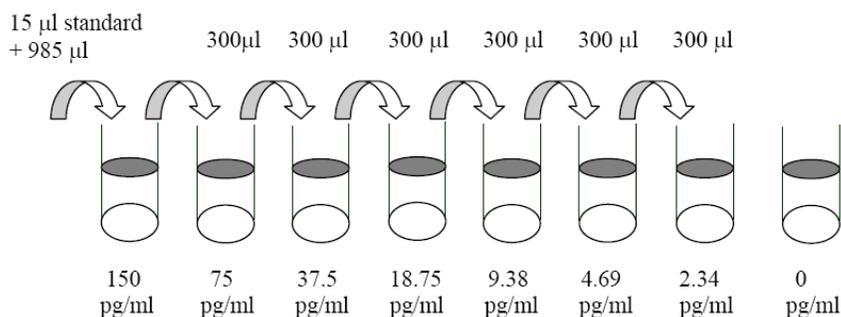
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IV. Additional material required

1. Microplate reader capable of measuring absorbance at 450 nm.
2. Precision pipettes to deliver 2 μ l to 1 ml volumes.
3. Adjustable 1-25 ml pipettes for reagent preparation.
4. 100 ml and 1 liter graduated cylinders.
5. Absorbent paper.
6. Distilled or deionized water.
7. Log-log graph paper or computer and software for ELISA data analysis.
8. Tubes to prepare standard or sample dilutions.

V. Reagent preparation

1. Bring all reagents and samples to room temperature (18-25°C) before use.
2. Sample dilution: If your samples need to be diluted, Assay Diluent A (Item D) is used for dilution of serum/plasma samples and 1x Assay Diluent B (Item E) is used for dilution of culture supernatants and urine.
3. Assay Diluent B should be diluted 5-fold with deionized or distilled water.
4. Preparation of standard: **Briefly spin the vial of Item C** and then add 400 μ l Assay Diluent A (for serum/plasma samples) or 1x Assay Diluent B (for cell culture medium and urine) into Item C vial to prepare a 10 ng/ml standard. **Dissolve the powder thoroughly by a gentle mix.** Add 15 μ l IL-10 standard from the vial of Item C, into a tube with 985 μ l Assay Diluent A or 1x Assay Diluent B to prepare a 150 pg/ml stock standard solution. Pipette 300 μ l Assay Diluent A or 1x Assay Diluent B into each tube. Use the stock standard solution to produce a dilution series (shown below). Mix each tube thoroughly before the next transfer. Gently vortex to mix. Assay Diluent A or 1x Assay Diluent B serves as the zero standard (0 pg/ml).



5. If the Wash Concentrate (20x) (Item B) contains visible crystals, warm to room temperature and mix gently until dissolved. Dilute 20 ml of Wash Buffer Concentrate into deionized or distilled water to yield 400 ml of 1x Wash Buffer.
6. Briefly spin the Detection Antibody vial (Item F) before use. Add 100 μ l of 1x Assay Diluent B into the vial to prepare a detection antibody concentrate. Pipette up and down to mix gently (the concentrate can be stored at 4°C for 5 days). The detection antibody concentrate should be diluted 80-fold with 1x Assay Diluent B and used in step 4 of Part VI Assay Procedure.



7. Briefly spin the HRP-Streptavidin concentrate vial (Item G) and pipette up and down to mix gently before use. HRP-Streptavidin concentrate should be diluted 10,000-fold with 1x Assay Diluent B.
 - *For example: Briefly spin the vial (Item G) and pipette up and down to mix gently . Add 2 μ l of HRP-Streptavidin concentrate into a tube with 198 μ l 1x Assay Diluent B to prepare a 100-fold diluted HRP-Streptavidin solution (don't store the diluted solution for next day use). Mix through and then pipette 100 μ l of prepared 100-fold diluted solution into a tube with 10 ml 1x Assay Diluent B to prepare a final 10,000 fold diluted HRP-Streptavidin solution.*

VI. Assay procedure

1. Bring all reagents and samples to room temperature (18 - 25°C) before use. It is recommended that all standards and samples be run at least in duplicate.
2. Add 100 μ l of each standard (see Reagent Preparation step 2) and sample into appropriate wells. Cover well and incubate for 2.5 hours at room temperature or over night at 4°C with gentle shaking.
3. Discard the solution and wash 4 times with 1x Wash Solution. Wash by filling each well with Wash Buffer (300 μ l) using a multi-channel Pipette or autowasher. Complete removal of liquid at each step is essential to good performance. After the last wash, remove any remaining Wash Buffer by aspirating or decanting. Invert the plate and blot it against clean paper towels.
4. Add 100 μ l of 1x prepared biotinylated antibody (Reagent Preparation step 6) to each well. Incubate for 1 hour at room temperature with gentle shaking.
5. Discard the solution. Repeat the wash as in step 3.
6. Add 100 μ l of prepared Streptavidin solution (see Reagent Preparation step 7) to each well. Incubate for 45 minutes at room temperature with gentle shaking.
7. Discard the solution. Repeat the wash as in step 3.
8. Add 100 μ l of TMB One-Step Substrate Reagent (Item H) to each well. Incubate for 30 minutes at room temperature in the dark with gentle shaking.
9. Add 50 μ l of Stop Solution (Item I) to each well. Read at 450 nm immediately.

VII. Assay procedure summary

1. Prepare all reagents, samples and standards as instructed.



2. Add 100 μ l standard or sample to each well. Incubate 2.5 hours at room temperature or over night at 4°C.



3. Add 100 μ l prepared biotin antibody to each well. Incubate 1 hour at room temperature.



4. Add 100 μ l prepared Streptavidin solution. Incubate 45 minutes at room temperature.





5. Add 100 μ l TMB One-Step Substrate Reagent to each well. Incubate 30 minutes at room temperature.



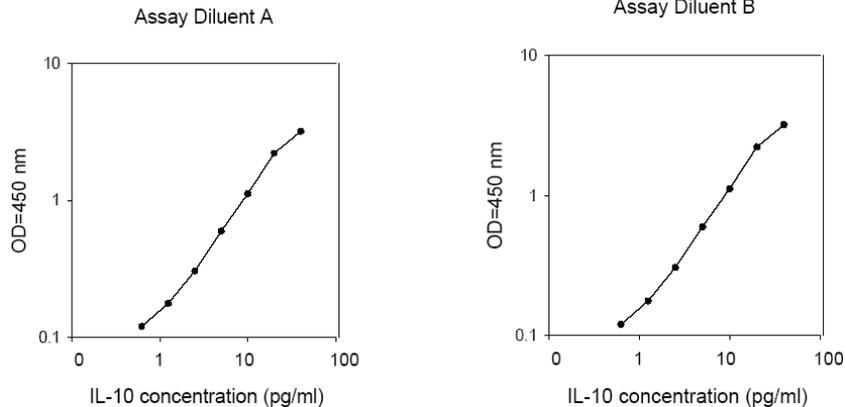
6. Add 50 μ l Stop Solution to each well. Read at 450 nm immediately.

VIII. Calculation of results

Calculate the mean absorbance for each set of duplicate standards, controls and samples, and subtract the average zero standard optical density. Plot the standard curve on log-log graph paper or using Sigma plot software, with standard concentration on the x-axis and absorbance on the y-axis. Draw the best-fit straight line through the standard points.

A. Typical data

These standard curves are for demonstration only. A standard curve must be run with each assay.



B. Sensitivity

The minimum detectable dose of IL-10 is typically less than 1 pg/ml.

C. Recovery

Recovery was determined by spiking various levels of human IL-10 into human serum, plasma and cell culture media. Mean recoveries are as follows:

Sample Type	Average % Recovery	Range (%)
Serum	101.94	87-108
Plasma	102.39	93-109
Cell culture media	98.37	87-110



D. Linearity

Sample Type		Serum	Plasma	Cell culture
1:2	Average % of Expected	97	95	98
	Range (%)	91-101	88-103	88-101
1:4	Average % of Expected	96	95	95
	Range (%)	92-104	88-99	91-102

E. Reproducibility

Intra-Assay: CV<10%

Inter-Assay: CV<12%

IX. Specificity

Cross Reactivity: This ELISA kit shows no cross-reactivity with any of the cytokines tested: human BDNF, BLC, ENA-78, FGF-4, IL-1 α , IL-2, IL-3, IL-4, IL-5, IL-6, IL-7, IL-8, IL-9, IL-11, IL-12 p70, IL-12 p40, IL-15, IL-309, IP-10, G-CSF, GM-CSF, IFN- γ , Leptin (OB), MCP-1, MCP-2, MCP-3, MDC, MIP-1 α , MIP-1 β , MIP-1 δ , PARC, PDGF, RANTES, SCF, TARC, TGF- β , TIMP-1, TIMP-2, TNF- α , TNF- β , TPO, VEGF.

XI. Troubleshooting guide

Problem	Cause	Solution
1. Poor standard curve	1. Inaccurate pipetting	1. Check pipettes
	2. Improper standard dilution	2. Briefly spin the vial of Item C and dissolve the powder thoroughly by a gentle mix.
2. Low Signal	1. Too brief incubation times.	1. Ensure sufficient incubation time; assay procedure step 2 change to over night.
	2. Inadequate reagent volumes or improper dilution.	2. Check pipettes and ensure correct preparation.
3. Large CV	1. Inaccurate pipetting.	1. Check pipettes
4. High Background	1. Plate is insufficiently washed.	1. Review the manual for proper wash. If using a plate washer, check that all ports are unobstructed.
	2. Contaminated wash buffer.	2. Make fresh wash buffer
5. Low sensitivity	1. Improper storage of the ELISA Kit.	1. Store your standard at < -20°C after reconstitution, others at 4°C. Keep substrate solution protected from light.
	2. Stop Solution	2. Stop solution should be added to each well before measure.

NOT FOR HUMAN USE. FOR RESEARCH ONLY. NOT FOR DIAGNOSTIC OR THERAPEUTIC USE.



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