

Fish Thyroxine (T4) ELISA Kit

Catalog No.: abx051599

Size: 96T

Range: 1.6 ng/ml - 60 ng/ml

Sensitivity: 0.3 ng/ml

Storage: Store at 2-8°C for 6 months.

Application: For quantitative detection of T4 in Fish Serum, Plasma, Tissue Homogenates and cell culture supernatants.

Introduction: Thyroid hormones are two hormones produced and released by the thyroid gland, namely triiodothyronine (T3) and thyroxine (T4). They are tyrosine-based hormones that are primarily responsible for regulation of metabolism. T3 and T4 are partially composed of iodine. A deficiency of iodine leads to decreased production of T3 and T4, enlarges the thyroid tissue and will cause the disease known as simple goitre.

Principle of the Assay

This kit is based on sandwich enzyme-linked immuno-sorbent assay technology. Anti-T4 antibody is pre-coated onto a 96-well plate. An HRP conjugated antibody specific to T4 is used as detection antibody. The standards, test samples and HRP conjugate reagent are added to the wells and incubated. Unbound conjugates are washed away with wash buffer. TMB substrate is used to visualize HRP enzymatic reaction. TMB is catalyzed by HRP to produce a blue color product that changes into yellow after adding acidic stop solution. The intensity of the color yellow is proportional to the T4 amount bound on the plate. The O.D. absorbance is measured spectrophotometrically at 450 nm in a microplate reader, and then the concentration of T4 can be calculated.

Kit components

1. One pre-coated 96-well microplate (8 × 12 well strips)
2. Standard: 0.5 ml
3. Standard diluent buffer: 1.5 ml
4. Wash buffer (30X): 20 ml. Dilution: 1/30
5. Sample diluent buffer: 6 ml
6. HRP conjugate reagent: 6 ml
7. Stop solution: 6 ml
8. TMB substrate A: 6 ml
9. TMB substrate B: 6 ml
10. Plate sealer: 2
11. Hermetic bag: 1

Material Required But Not Provided

1. 37°C incubator
2. Microplate reader (wavelength: 450 nm)
3. Multi and single channel pipettes and sterile pipette tips
4. Squirrt bottle or automated microplate washer
5. ELISA shaker
6. 1.5 ml tubes to prepare standard/sample dilutions
7. Deionized or distilled water
8. Absorbent filter papers
9. 100 ml and 1 liter graduated cylinders

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Protocol

A. Preparation of sample and reagents

1. Sample

Isolate the test samples soon after collecting and analyze immediately (within 2 hours) or aliquot and store at -20°C or -80°C for long term storage. Avoid multiple freeze-thaw cycles.

- **Serum:** Samples should be collected into a serum separator tube. Coagulate the serum by leaving the tube undisturbed in a vertical position overnight at 4°C or at room temperature for up to 60 minutes. Centrifuge at approximately 2000-3000 × g for 20 min. Analyze the serum immediately or aliquot and store at -20°C or -80°C.
- **Plasma:** Collect plasma using citrate or EDTA as an anticoagulant. Centrifuge for 20 minutes at 2000-3000 × g within 30 minutes of collection. Assay immediately or aliquot and store at -20°C. Avoid hemolysis and high cholesterol samples.
- **Tissue homogenates:** The preparation of tissue homogenates will vary depending upon tissue type – this is just an example. Rinse tissues with ice-cold PBS to remove the excess of blood. Weigh before homogenization. Finely mince tissues and homogenize with a tissue homogenizer on ice in PBS and sonicate the cell suspension. Centrifuge the homogenates at 5000 × g for 5 min and collect the supernatant. Assay immediately or aliquot and store at -20°C.
- **Cell culture supernatant:** Centrifuge at approximately 2000-3000 × g for 20 min to remove precipitant. Analyze immediately or aliquot and store at -20°C or -80°C.

Note:

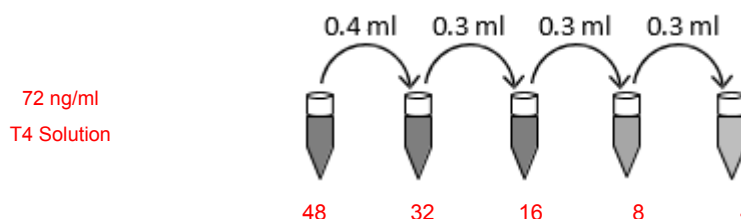
- » The QC data has been produced using a 1:5 dilution with the provided Sample diluent buffer. If the sample concentration is unknown, we would recommend a starting point of 1:5 dilution with the provided Sample diluent buffer.
- » Samples must be diluted so that the expected concentration falls within the kit's range.
- » Fresh samples or recently obtained samples are recommended to prevent protein degradation and denaturalization that may lead to erroneous results.
- » Please bring sample slowly to room temperature. Sample hemolysis will influence the result. Hemolyzed specimen should not be used.
- » NaN₃ cannot be used as test sample preservative, since it inhibits HRP.
- » Always use non-pyrogenic, endotoxin-free tubes for blood collection.

2. Wash buffer

Dilute the concentrated Wash buffer 30-fold (1/30) with distilled water (i.e. add 20 ml of concentrated wash buffer into 580 ml of distilled water).

3. Standard

Label 5 tubes with 48 ng/ml, 32 ng/ml, 16 ng/ml, 8 ng/ml and 4 ng/ml respectively. Aliquot 0.2 ml of the Standard diluent buffer into the first two tubes labeled 48 ng/ml and 32 ng/ml respectively and 0.3 ml of the Standard diluent buffer into each remaining tube. Add 0.4 ml of 72 ng/ml standard solution into 1st tube and mix thoroughly. Transfer 0.4 ml from 1st tube to 2nd tube and mix thoroughly. Transfer 0.3 ml from 2nd tube to 3rd tube and mix thoroughly, and so on. The standard solutions are best used within 2 hours. Avoid repeated freeze-thaw cycles.



B. Assay Procedure

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Equilibrate the kit components and samples to room temperature prior to use. It is recommended to plot a standard curve for each test.

1. Set standard, test sample and control (zero) wells on the pre-coated plate respectively, record their positions. It is recommended to assay standards, samples and controls in duplicate.
2. Aliquot 50 µl of the diluted standards into the standard wells.
3. Aliquot 50 µl of Standard diluent buffer into the control (zero) well. Do not add sample and HRP conjugate reagent into the control (zero) well.
4. Aliquot 50 µl of appropriately diluted sample (Fish serum, plasma or cell culture supernatants) into the test sample wells. Add the solution at the bottom without touching the side walls of the well. Shake the plate mildly to mix the contents.
5. Seal the plate with a cover and incubate at 37°C for 30 min.
6. Remove the cover and discard the solution. Wash the plate 5 times with 1X Wash Buffer. Fill each well completely with Wash buffer (300µL) using a multi-channel Pipette or autowasher (1-2 minute soaking period is recommended). Complete removal of liquid at each step is essential for good performance. After the final wash, remove any remaining Wash Buffer by aspirating or decanting. Invert the plate and blot it against clean absorbent paper towels.
7. Aliquot 50 µl of HRP conjugate reagent into each well (except control well).
8. Seal the plate with a cover and incubate at 37°C for 30 min.
9. Remove the cover and repeat the aspiration/wash process 5 times as explained in step 6.
10. Aliquot 50 µl of TMB Substrate A into each well and 50 µl of TMB Substrate B. Vortex the plate gently on an ELISA shaker for 30 seconds (Or shake gently by hand for 30 seconds). Cover the plate and incubate at 37°C for 15 min. Avoid exposure to light.
11. Add 50 µl of Stop solution into each well to stop the enzyme reaction. It is important that the Stop Solution is mixed quickly and uniformly throughout the microplate to inactivate the enzyme completely.
12. Ensure that there are no fingerprints or water on the bottom of the plate, and that the fluid in the wells is free of bubbles. Measure the absorbance at 450 nm immediately.

For calculation, (relative O.D.450) = (O.D.450 of each well) – (O.D.450 of Zero well). The standard curve can be plotted as the relative O.D.450 of each standard solution (Y) vs. the respective concentration of the standard solution (X). Log-log curve fitting is recommended for data analysis. The Fish T4 concentration of the samples can be interpolated from the standard curve.

Note: If the samples measured were diluted, multiply the dilution factor by the concentrations from interpolation to obtain the concentration before dilution.

C. Precautions

1. Before using the kit, centrifuge the tubes to bring down the contents trapped in the lid.
2. Avoid foaming or bubbles when mixing or reconstituting components.
3. If crystals have formed in the concentrated Wash Buffer, warm to room temperature and mix gently until the crystals have completely dissolved.
4. It is recommended to measure each standard and sample in duplicate or triplicate.
5. Do not let the wells uncovered for extended periods between incubation. Once reagents are added to the wells, avoid letting the strips dry as this can inactivate the biological material on the plate. Incubation time and temperature must be controlled.

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6. Ensure plates are properly sealed or covered during incubation steps.
7. Complete removal of all solutions and buffers during wash steps is necessary for accurate measurement readings.
8. To avoid cross contamination do not reuse pipette tips and tubes.
9. Do not use expired components or components from a different kit.
10. Store the TMB substrate B in the dark and to avoid edge effect of plate incubation for temperature differences it is recommended to equilibrate the TMB substrates at room temperature prior to use. TMB Substrate solution is easily contaminated; sterility precautions should be taken. Aspirate the dosage needed with sterilized tips and do not dump the residual solution back into the vial.

D. Precision

Intra-assay Precision (Precision within an assay): 3 samples with low, medium and high levels of T4 were tested 20 times on one plate, respectively.

Inter-assay Precision (Precision between assays): 3 samples with low, medium and high levels of T4 were tested on 3 different plates, 8 replicates in each plate.

$$CV (\%) = (\text{Standard Deviation} / \text{mean}) \times 100$$

Intra-Assay: CV<10%

Inter-Assay: CV<12%

E. Typical Data & Standard Curve

Typical Standard Curve Data provided for demonstration purposes only. A new standard curve must be generated for each assay performed.

Concentration ng/ml	0	4	8	16	32	48
OD450	0.051	0.205	0.409	0.721	1.331	1.985

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