

Human Fibroblast Growth Factor 21 (FGF21) ELISA Kit

Catalog No.: abx151521

Size: 96T

Range: 31.2-500 pg/ml

Sensitivity: < 13.6 pg/ml

Storage: Store standard, Detection Reagent A, Detection Reagent B and the 96-well plate at -20°C.

The rest of the kit components at 4°C.

Application: For quantitative detection of FGF21 in Human serum, plasma, cell lysates, cell culture supernatants, tissue homogenates or any biological fluid.

Introduction

Fibroblast growth factor 21 is a protein that in mammals is encoded by the FGF21 gene. The protein encoded by this gene is a member of the fibroblast growth factor (FGF) family and specifically a member of the "endocrine" subfamily which includes FGF23 and FGF15/19. FGF family members possess broad mitogenic and cell survival activities and are involved in a variety of biological processes including embryonic development, cell growth, morphogenesis, tissue repair, tumor growth and invasion. FGFs act through a family of four FGF receptors. Binding is complicated and requires both interaction of the FGF molecule with an FGF receptor and binding to heparin through a heparin binding domain. Endocrine FGFs lack a heparin binding domain and thus can be released into the circulation. FGF21 action through one of the FGF21 receptors thus requires interaction with a coreceptor, designated β-klotho.

Principle of the Assay

This kit is based on sandwich enzyme-linked immunosorbent assay technology. Anti-FGF21 antibody is precoated onto 96-well plates. Biotin conjugated anti-FGF21 antibody is used as detection antibody. The standards and samples are added to the wells and incubated. After TMB substrate solution is added only wells that contain FGF21, biotin-conjugated antibody and enzyme-conjugated Avidin will produce a blue color product that changes into yellow after adding acidic stop solution. The density of yellow is proportional to the FGF21 amount captured in the plate. The O.D. absorbance is measured spectrophotometrically at 450nm in a microplate reader, and then the concentration of FGF21 can be calculated.

Kit components

 One 96-well plate pre-coated with anti-Human FGF21 antibody

2. Lyophilized Standard: 2 tubes

3. Standard Diluent buffer: 20 ml

4. Wash buffer (30X): 20 ml. Dilution: 1:30

5. Detection Reagent A (100X): 120 µl

6. Detection Reagent B (100X): 120 μl

7. Diluent A: 12 ml

8. Diluent B: 12 ml

9. Stop solution: 6 ml

10. TMB substrate: 9 ml

11. Plate sealer: 4

Material Required But Not Provided

1. 37°C incubator

2. Microplate reader (wavelength: 450 nm)

3. Precise pipette and disposable pipette tips

4. Automated plate washer

5. ELISA shaker

6. 1.5ml tubes

7. Plate cover

8. Absorbent filter papers

9. 100 ml and 1 L volume graduated cylinder.



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Protocol

A. Preparation of sample and reagents

1. Sample

Isolate the test samples soon after collecting, analyze immediately or store at 4°C for up to 5 days. Otherwise, store at -20°C for up to one month or -80°C for up to two months to avoid loss of bioactivity. Avoid multiple freeze-thaw cycles.

- ♦ **Serum:** Samples should be collected into a serum separator tube. Coagulate the serum at room temperature (~2 hr) or overnight at 4°C. Centrifuge at approximately 1000× g for 20 min. Analyze the serum immediately or aliquot and store at -20°C or -80°C.
- ♦ **Plasma:** Collect plasma with heparin or EDTA as the anticoagulant. Centrifuge at 1000 × g for 15-20 min within 30 min of collection at 2-8°C. Analyze immediately or aliquot and store frozen at -20°C or -80°C.
- ♦ **Cell culture supernatant and other biological fluids:** Centrifuge at approximately 1000 x g for 20 min to remove precipitant, analyze immediately or aliquot and store at -20°C or -80°C.
- ♦ **Tissue homogenates:** The preparation of tissue homogenates will vary depending upon tissue type. This is just an example: Rinse tissues with ice-cold PBS (0.01 mol/L, ph 7.2) to remove the excess of blood. Weigh before homogenization. Finely mince tissues and homogenize with a tissue homogenizer on ice in PBS and sonicate the cell suspension. Centrifuge the homogenates at 5000 x g for 5 min to collect the supernatant. Assay immediately or aliquot and store at -20°C.
- ♦ **Cell Lysates:** Detach adherent cells with trypsin and collect by centrifugation and remove the supernatant. Wash the cells three times in ice-cold PBS and re-suspend cells in PBS. Lyse the cells by ultra-sonication 4 times or freeze at -20°C and thaw to room temperature 3 times. Centrifuge at 1500 x g for 10 min at 2-8°C to remove cellular debris. Collect the supernatant and assay immediately.

Note:

- Coagulate blood samples completely, centrifuge, and avoid hemolysis and precipitant. Please bring samples slowly to room temperature.
- Samples must be diluted so that the expected concentration falls within the kit's range. Samples should be diluted in 0.01 mol/L PBS (PH=7.0-7.2).
- If the samples are not indicated in the manual's applications, a preliminary experiment to determine the validity of the kit will be necessary.
- Fresh samples or recently obtained samples are recommended to prevent protein degradation and denaturalization that may lead to erroneous results.

2. Wash buffer

Dilute the concentrated Wash buffer 30-fold (1/30) with distilled water (i.e. add 20 ml of concentrated wash buffer into 580 ml of distilled water).

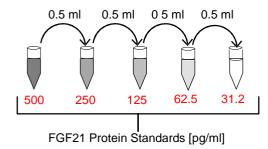
3. Standard

Bring samples and all kit components to room temperature. Reconstitute the Lyophilized Standards with 1 ml of Standard Diluent buffer to make the 1000 pg/ml Standard Solution (use within one hour). Mix gently and avoid foaming or bubbles. Label 5 tubes with 500 pg/ml, 250 pg/ml, 125 pg/ml, 62.5 pg/ml and 31.2 pg/ml respectively. Aliquot **0.5 ml** of the Standard diluent buffer into each tube. Add **0.5 ml** of 1000 pg/ml standard solution into 1st tube and mix thoroughly. Transfer **0.5 ml** from 1st tube to 2nd tube and mix thoroughly, and so on.



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1000 pg/ml FGF21 Solution



Note: The standard solutions are best used within 2 hours. Avoid repeated freeze-thaw cycles.

4. Detection Reagent A and B Preparation

Centrifuge the Detection Reagent A and B briefly before use. Detection Reagent A and B should be diluted 100-fold with the Diluent A and B and mixed thoroughly, they are sticky solutions therefore pipette with a slow, smooth action to reduce volume errors. The solution should be prepared no more than 2 hours prior to the experiment. Reconstituted Standard, Detection Reagent A and B can only be used once.

B. Assay Procedure

Equilibrate the kit components and samples to room temperature before use. It is recommended to plot a standard curve for each test.

- 1. Set standard, test sample and control (zero) wells on the pre-coated plate respectively, and then, record their positions. It is recommended to measure each standard and sample in duplicate.
- 2. Add 100 μl of the diluted standards into the standard wells. Aliquot 100 μl Standard Diluent Buffer to the control (zero) well.
- 3. Add 100 µl of appropriately diluted sample into the test sample wells. Add the solution at the bottom of each well without touching the side wall. Shake the plate mildly to mix thoroughly.
- 4. Seal the plate with a cover and incubate for 2 h at 37°C.
- 5. Remove the cover and discard the liquid of each well. Do not wash.
- 6. Aliquot 100 μl of the detection Reagent A working solution to each well. Seal the plate with a cover and incubate for 1 h at 37°C.
- 7. Discard the solution and wash the plate 3 times with wash buffer. Do not let the wells completely dry at any time.

Manual Washing: Discard the solution without touching the side walls. Tap the plate on absorbent filter papers or other absorbent material. Fill each well completely with Wash buffer and vortex mildly on ELISA shaker for 2 min. Discard the contents and tap the plate on absorbent filter papers or other absorbent material. Repeat this procedure three times.

Automated Washing: Discard the solution and wash the plate three times with Wash buffer (overfilling wells with the buffer). After the final wash, invert the plate and tap on absorbent filter papers or other absorbent material. It is recommended that the washer be set for a soaking time of 1 min. Repeat this procedure three times.

8. Aliquot 100 μl of Detection Reagent B working solution into each well, seal and incubate at 37°C for 30 min.



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- 9. Discard the solution and wash the plate 5 times with wash buffer (each time let the Wash Buffer stay for 1-2 min). Discard the Wash Buffer and blot the plate onto paper towels or other absorbent material.
- Aliquot 90 μl of TMB Substrate into each well. Seal the plate with a cover and incubate at 37°C for 15-25 min. Avoid exposure to light. Do not exceed 30 min.
- 11. Add 50 µl of Stop solution into each well. The color should change to yellow immediately.
- 12. Read the O.D. absorbance at 450 nm in a microplate reader within 30 min of adding the stop solution.

For calculation, (the relative O.D.450) = (the O.D.450 of each well) – (the O.D.450 of Zero well). The standard curve can be plotted as the relative O.D.450 of each standard solution (Y) vs. the respective concentration of the standard solution (X). The Human FGF21 concentration of the samples can be interpolated from the standard curve.

Note: If the samples measured were diluted, multiply the dilution factor to the concentrations from interpolation to obtain the concentration before dilution.

C. Precautions

- 1. Before using the kit, centrifuge the tubes briefly to bring down the contents trapped in the lid.
- Wash buffer may crystallize and separate. If this happens warm to room temperature and mix gently until the crystals are completely dissolved.
- 3. Avoid foaming or bubbles when mixing or reconstituting components.
- 4. It is recommended measuring each standard and sample in duplicate.
- 5. Do NOT let the wells uncovered for extended periods between incubation. Once reagents are added to the wells DO NOT let the strips dry at any time during the assay. This can inactivate the biological material on the plate. Incubation time and temperature must be controlled.
- 6. Do not reuse pipette tips and tubes to avoid cross contamination.
- 7. Do not use expired components or components from a different kit.
- 8. Store the TMB substrate in the dark and to avoid edge effect of plate incubation for temperature differences it is recommended to equilibrate the TMB substrate for 30 min at room temperature. Aspirate the dosage needed with sterilized tips and do not dump the residual solution back into the vial.

D. Precision

Intra-assay Precision (Precision within an assay): 3 samples with low, middle and high level Human FGF21 were tested 20 times on one plate, respectively.

Inter-assay Precision (Precision between assays): 3 samples with low, middle and high level Human FGF21 were tested on 3 different plates, 8 replicates in each plate.

CV (%) = SD/meanX100

Intra-Assay: CV<10% Inter-Assay: CV<12%