

RayBio[®] Human GH ELISA Kit

Catalog #: ELH-GH

User Manual

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Caution:
Extraordinarily useful information enclosed



ISO 13485 Certified

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RayBio[®] Human GH ELISA Kit Protocol

Table of Contents

Section		Page #
I.	Introduction	3
II.	Storage	4
III.	Reagents	4
IV.	Additional Materials Required	4
V.	Reagent Preparation	5
VI.	Assay Procedure	6
VII.	Assay Procedure Summary	7
VIII.	Calculation of Results	8
	A. Typical Data	8
	B. Sensitivity	8
	C. Spiking & Recovery	9
	D. Linearity	9
	E. Reproducibility	10
IX.	Specificity	10
X.	Troubleshooting Guide	11

Please read the entire manual carefully before starting your experiment

I. INTRODUCTION

Growth hormone (GH) known also as Somatotrophic hormone or Somatotropin is a hormone that stimulates growth and cell reproduction in humans and other animals. GH is a single chain polypeptide hormone of 191 amino acids mainly produced by the adenohypophysis (anterior pituitary) and encoded by the GH1 (growth hormone 1) gene. It is synthesized, stored, and secreted by the somatotroph cells within the lateral wings of the anterior pituitary gland. GH has a variety of functions in the body, the most noticeable of which is the increase of height throughout childhood, and there are several diseases which can be treated through the therapeutic use of GH.

The RayBio® Human GH ELISA kit is an in vitro enzyme-linked immunosorbent assay for the quantitative measurement of human GH in serum, plasma, and cell culture supernatants. This assay employs an antibody specific for human GH coated on a 96-well plate. Standards and samples are pipetted into the wells and GH present in a sample is bound to the wells by the immobilized antibody. The wells are washed and biotinylated anti-human GH antibody is added. After washing away unbound biotinylated antibody, HRP-conjugated streptavidin is pipetted to the wells. The wells are again washed, a TMB substrate solution is added to the wells and color develops in proportion to the amount of GH bound. The Stop Solution changes the color from blue to yellow, and the intensity of the color is measured at 450 nm.

Need your results faster? Try RayBiotech's *SpeedELISA* platform for quantitative detection in just three hours.

<https://www.raybiotech.com/speedelisa-kits/>

Short on sample, or need higher sensitivity? Check out the IQELISA™ Immuno-PCR platform.

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II. STORAGE

The entire kit may be stored at -20°C for up to 1 year from the date of shipment. Avoid repeated freeze-thaw cycles. The kit may be stored at 4°C for up to 6 months. For extended storage, it is recommended to store at -80°C. For prepared reagent storage, see table below.

III. REAGENTS

Component	Size / Description	Storage / Stability After Preparation
GH Microplate (Item A)	96 wells (12 strips x 8 wells) coated with anti-Human GH.	1 month at 4°C*
Wash Buffer Concentrate (20X) (Item B)	25 ml of 20X concentrated solution.	1 month at 4°C
Standard Protein (Item C)	2 vials of Human GH. 1 vial is enough to run each standard in duplicate.	1 week at -80°C
Detection Antibody GH (Item F)	2 vials of biotinylated anti-Human GH. Each vial is enough to assay half the microplate.	5 days at 4°C
HRP-Streptavidin Concentrate (Item G)	200 µl 200X concentrated HRP-conjugated streptavidin.	Do not store and reuse.
TMB One-Step Substrate Reagent (Item H)	12 ml of 3,3,5,5'-tetramethylbenzidine (TMB) in buffer solution.	N/A
Stop Solution (Item I)	8 ml of 0.2 M sulfuric acid.	N/A
Assay Diluent A (Item D)	30 ml of diluent buffer, 0.09% sodium azide as preservative.	N/A
Assay Diluent B (Item E)	15 ml of 5X concentrated buffer.	1 month at 4°C

*Return unused wells to the pouch containing desiccant pack, reseal along entire edge.

IV. ADDITIONAL MATERIALS REQUIRED

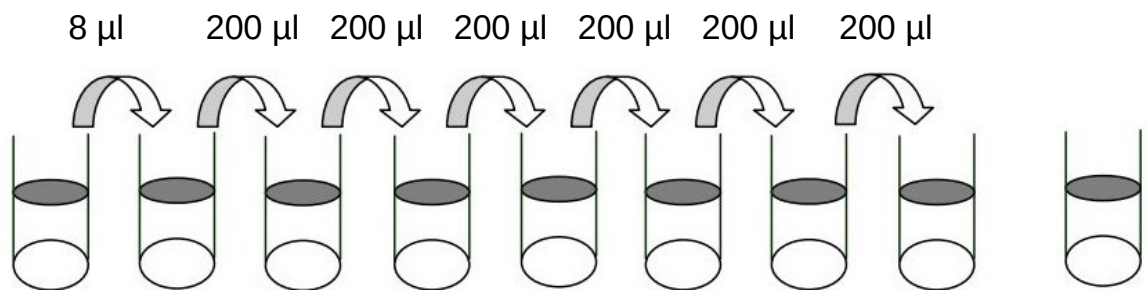
1. Microplate reader capable of measuring absorbance at 450 nm.
2. Precision pipettes to deliver 2 µl to 1 ml volumes.
3. Adjustable 1-25 ml pipettes for reagent preparation.
4. 100 ml and 1 liter graduated cylinders.
5. Absorbent paper.
6. Distilled or deionized water.
7. Log-log graph paper or computer and software for ELISA data analysis.
8. Tubes to prepare standard or sample dilutions.

V. REAGENT PREPARATION

1. Bring all reagents and samples to room temperature (18 - 25°C) before use.
2. Assay Diluent B (Item E) should be diluted 5-fold with deionized or distilled water before use.
3. Sample dilution: Assay Diluent A (Item D) should be used for dilution of serum and plasma samples. 1X Assay Diluent B (Item E) should be used for dilution of cell culture supernatant samples. The suggested dilution for normal serum/plasma is 4 fold.

Note: Levels of GH may vary between different samples. Optimal dilution factors for each sample must be determined by the investigator.

4. Preparation of standard: Briefly spin a vial of Item C. Add 400 µl Assay Diluent A (for serum/plasma samples) or 1X Assay Diluent B (for cell culture medium, Assay Diluent B should be diluted 5-folds with deionized or distilled water) into Item C vial to prepare a 50 ng/ml standard. Dissolve the powder thoroughly by a gentle mix. Add 8 µl GH standard from the vial of Item C, into a tube with 658.7 µl Assay Diluent A or 1X Assay Diluent B to prepare a 600 pg/ml stock standard solution. Pipette 300 µl Assay Diluent A or 1X Assay Diluent B into each tube. Use the stock standard solution to produce a dilution series (shown below). Mix each tube thoroughly before the next transfer. Assay Diluent A or 1X Assay Diluent B serves as the zero standard (0 pg/ml).



		Std1	Std2	Std3	Std4	Std5	Std6	Std7		Zero Standard
Diluent volume	Item C + 400 µl	658.7 µl	300 µl	300 µl	300 µl	300 µl	300 µl	300 µl		300 µl
Conc.	50 ng/ml	600 pg/ml	240 pg/ml	96 pg/ml	38.4 pg/ml	15.4 pg/ml	6.1 pg/ml	2.5 pg/ml		0 pg/ml

5. If the Wash Concentrate (20X) (Item B) contains visible crystals, warm to room temperature and mix gently until dissolved. Dilute 20 ml of Wash Buffer Concentrate into deionized or distilled water to yield 400 ml of 1X Wash Buffer.
6. Briefly spin the Detection Antibody vial (Item F) before use. Add 100 μ l of 1X Assay Diluent B (Item E) into the vial to prepare a detection antibody concentrate. Pipette up and down to mix gently (the concentrate can be stored at 4°C for 5 days). The detection antibody concentrate should be diluted 80-fold with 1X Assay Diluent B (Item E) and used in step 5 of Part VI Assay Procedure.
7. Briefly spin the HRP-Streptavidin concentrate vial (Item G) and pipette up and down to mix gently before use, as precipitates may form during storage. HRP-Streptavidin concentrate should be diluted 200-fold with 1X Assay Diluent B (Item E).

For example: Briefly spin the vial (Item G) and pipette up and down to mix gently. Add 60 μ l of HRP-Streptavidin concentrate into a tube with 12 ml 1X Assay Diluent B to prepare a final 200 fold diluted HRP-Streptavidin solution (don't store the diluted solution for next day use). Mix well.

VI. ASSAY PROCEDURE

1. Bring all reagents and samples to room temperature (18 - 25°C) before use. It is recommended that all standards and samples be run at least in duplicate.
2. Label removable 8-well strips as appropriate for your experiment.
3. Add 100 μ l of each standard (see Reagent Preparation step 3) and sample into appropriate wells. Cover wells and incubate for 2.5 hours at room temperature with gentle shaking.
4. Discard the solution and wash 4 times with 1X Wash Solution. Wash by filling each well with Wash Buffer (300 μ l) using a multi-channel Pipette or autowasher. Complete removal of liquid at each step is essential to good performance. After the last wash, remove any remaining Wash Buffer by aspirating or decanting. Invert the plate and blot it against clean paper towels.
5. Add 100 μ l of 1X prepared biotinylated antibody (Reagent Preparation step 6) to each well. Incubate for 1 hour at room temperature with gentle shaking.
6. Discard the solution. Repeat the wash as in step 4.
7. Add 100 μ l of prepared Streptavidin solution (see Reagent Preparation step 7) to each well. Incubate for 45 minutes at room temperature with gentle shaking.

8. Discard the solution. Repeat the wash as in step 4.
9. Add 100 μ l of TMB One-Step Substrate Reagent (Item H) to each well. Incubate for 30 minutes at room temperature in the dark with gentle shaking.
10. Add 50 μ l of Stop Solution (Item I) to each well. Read at 450 nm immediately.

VII. ASSAY PROCEDURE SUMMARY

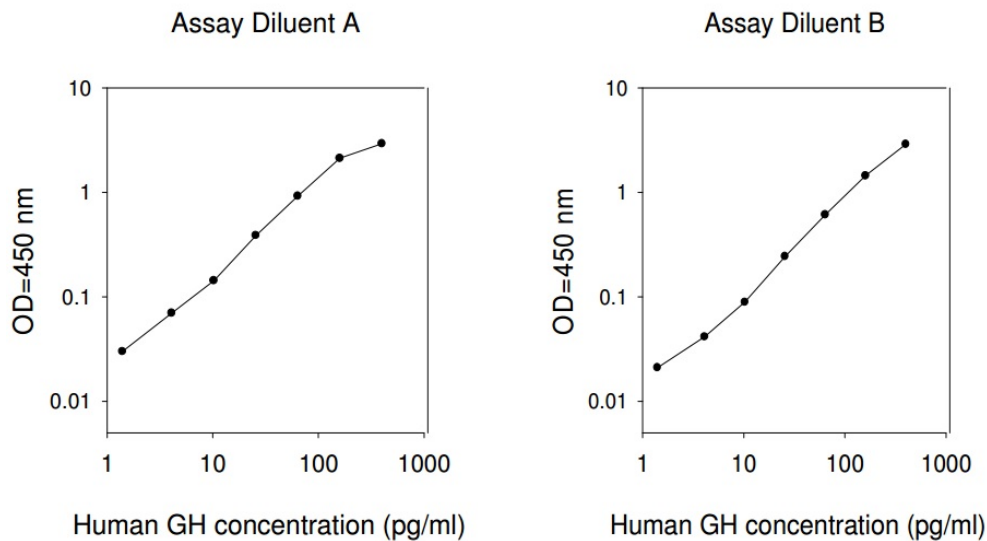
1. Prepare all reagents, samples and standards as instructed.
2. Add 100 μ l standard or sample to each well. Incubate 2.5 hours at room temperature.
3. Add 100 μ l prepared biotin antibody to each well. Incubate 1 hour at room temperature.
4. Add 100 μ l prepared Streptavidin solution. Incubate 45 minutes at room temperature.
5. Add 100 μ l TMB One-Step Substrate Reagent to each well. Incubate 30 minutes at room temperature.
6. Add 50 μ l Stop Solution to each well. Read at 450 nm immediately.

VIII. CALCULATION OF RESULTS

Calculate the mean absorbance for each set of duplicate standards, controls and samples, and subtract the average zero standard optical density. Plot the standard curve on log-log graph paper or using Sigma plot software, with standard concentration on the x-axis and absorbance on the y-axis. Draw the best-fit straight line through the standard points.

A. TYPICAL DATA

These standard curves are for demonstration only. A standard curve must be run with each assay.



B. SENSITIVITY

The minimum detectable dose of Human GH was determined to be 4 pg/ml.

Minimum detectable dose is defined as the analyte concentration resulting in an absorbance that is 2 standard deviations higher than that of the blank (diluent buffer).

C. SPIKING & RECOVERY

Recovery was determined by spiking various levels of Human GH into the sample types listed below. Mean recoveries are as follows:

Sample Type	Average % Recovery	Range (%)
Serum	92.17	77-102
Plasma	93.35	78-102
Cell culture media	94.25	81-104

D. LINEARITY

Sample Type		Serum	Plasma	Cell Culture Media
1:2	Average % of Expected Range (%)	89 79-101	91 80-103	92 82-104
1:4	Average % of Expected Range (%)	92 80-103	94 82-104	95 83-105

E. REPRODUCIBILITY

Intra-Assay CV%: <10%

Inter-Assay CV%: <12%

IX. SPECIFICITY

This ELISA kit shows no cross-reactivity with any of the cytokines tested: Human Angiogenin, BDNF, BLC, ENA-78, FGF-4, IL-1 alpha, IL-1 beta, IL-2, IL-3, IL-4, IL-5, IL-7, IL-8, IL-9, IL-10, IL-11, IL-12 p70, IL-12 p40, IL-13, IL-15, I-309, IP-10, G-CSF, GM-CSF, IFN-gamma, Leptin, MCP-1, MCP-2, MCP-3, MDC, MIP-1 alpha, MIP-1 beta, MIP-1 delta, PARC, PDGF, RANTES, SCF, TARC, TGF-beta, TIMP-1, TIMP-2, TNF-alpha, TNF-beta, TPO, VEGF.

X. TROUBLESHOOTING GUIDE

Problem	Cause	Solution
Poor standard curve	• Inaccurate pipetting • Improper standard dilution	• Check pipettes • Briefly centrifuge Item C and dissolve the powder thoroughly by gently mixing
Low signal	• Improper preparation of standard and/or biotinylated antibody • Too brief incubation times • Inadequate reagent volumes or improper dilution	• Briefly spin down vials before opening. Dissolve the powder thoroughly. • Ensure sufficient incubation time. Assay procedure step 3 may be done overnight at 4°C with gentle shaking (note: may increase overall signals including background). • Check pipettes and ensure correct preparation
Large CV	• Inaccurate pipetting • Air bubbles in wells	• Check pipettes • Remove bubbles in wells
High background	• Plate is insufficiently washed • Contaminated wash buffer	• Review the manual for proper wash. If using a plate washer, ensure that all ports are unobstructed. • Make fresh wash buffer
Low sensitivity	• Improper storage of the ELISA kit • Stop solution	• Store your standard at <-70°C after reconstitution, others at 4°C. Keep substrate solution protected from light. • Add stop solution to each well before reading plate

RayBio[®] ELISA Kits

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