

## EnzyChrom™ Phospholipid Assay Kit (EPLP-100)

### Quantitative Colorimetric/Fluorimetric Phospholipid Determination

#### DESCRIPTION

**PHOSPHOLIPIDS** are a class of lipids which constitute a major component of cell membranes and play important roles in signal transduction. Most phospholipids contain one diglyceride, a phosphate group, and one choline. BioAssay Systems' method provides a simple, direct and high-throughput assay for measuring choline-containing phospholipids in biological samples. In this assay, phospholipids (such as lecithin, lysolecithin and sphingomyelin) are enzymatically hydrolyzed to choline which is determined using choline oxidase and a H<sub>2</sub>O<sub>2</sub> specific dye. The optical density of the pink colored product at 570 nm or fluorescence intensity (530/585 nm) is directly proportional to the phospholipid concentration in the sample.

#### KEY FEATURES

**Sensitive.** Use 20 µL samples. Linear detection range: colorimetric assay 3 - 200 µM, fluorimetric assay 0.6 - 20 µM phospholipid.

#### APPLICATIONS

**Assays:** phospholipid in biological samples such as serum and non-EDTA plasma.

**Drug Discovery/Pharmacology:** effects of drugs on choline-containing phospholipid metabolism.

#### KIT CONTENTS

**Assay Buffer:** 10 mL  
**Enzyme Mix:** Dried  
**Standard:** 400 µL 2 mM phosphatidylcholine  
**PLD Enzyme:** 120 µL  
**Dye Reagent:** 120 µL

**Storage conditions.** The kit is shipped on ice. Store all components at -20°C. Shelf life of six months after receipt.

**Precautions:** reagents are for research use only. Normal precautions for laboratory reagents should be exercised while using the reagents. Please refer to Material Safety Data Sheet for detailed information.

#### COLORIMETRIC ASSAY

Liquid samples such as serum and plasma can be assayed directly. Solid samples can be homogenized in the assay buffer.

*Note: SH-containing reagents (e.g. β-mercaptoethanol, dithiothreitol, > 5 µM), sodium azide, EDTA, and sodium dodecyl sulfate are known to interfere in this assay and should be avoided in sample preparation.*

1. Equilibrate all components to room temperature. Briefly centrifuge the tubes before opening. Keep thawed tubes on ice during assay. Reconstitute Enzyme Mix with 120 µL Assay Buffer. Reconstituted Enzyme Mix is stable for 1 month when stored at -20°C. *Note: a yellow precipitate may form after thawing reconstituted Enzyme Mix. If a precipitate forms, pellet it by centrifuging for 2 min at 14000 rpm and use the clear supernatant.*
2. **Standards:** mix 24 µL 2 mM Standard with 216 µL dH<sub>2</sub>O (final 200 µM). Dilute standard in dH<sub>2</sub>O as follows.

No	200 µM STD + H <sub>2</sub> O	Vol (µL)	Standard (µM)
1	100 µL + 0 µL	100	200
2	60 µL + 40 µL	100	120
3	30 µL + 70 µL	100	60
4	0 µL + 100 µL	100	0

Transfer 20 µL diluted standards into separate wells of a clear flat-bottom 96-well plate.

**Samples:** transfer 20 µL of each sample into separate wells of the plate.

*Note: if a sample is known to contain choline, prepare an extra sample blank well with 20 µL of the sample.*

3. **Color reaction.** Prepare enough Working Reagent by mixing, for each well, 85 µL Assay Buffer, 1 µL PLD Enzyme, 1 µL Enzyme Mix and 1 µL Dye Reagent. Add 80 µL Working Reagent to each well.

*For samples that contain choline, prepare a blank control reagent with no PLD Enzyme (i.e., 85 µL Assay Buffer, 1 µL Enzyme Mix and 1 µL Dye Reagent). Add 80 µL of the Control Reagent to the Sample Blank well.*

Tap plate to mix. Incubate 30 min at room temperature.

**Note:** if precipitation occurs with certain samples, carry out the reaction in centrifuge tubes. After the 30 min incubation, centrifuge 5 min at 14,000 rpm. Transfer the supernatant into the wells for OD reading.

4. Read optical density at 570 nm (550-585 nm).

#### FLUORIMETRIC ASSAY

The fluorimetric assay procedure is similar to the colorimetric procedure except that (1) 0, 6, 12 and 20 µM phospholipid standards and (2) a black 96-well plate are used. Read fluorescence intensity at λ<sub>ex</sub> = 530 nm and λ<sub>em</sub> = 585 nm.

**Note:** if the calculated phospholipid concentration of a sample is higher than 200 µM in the Colorimetric Assay or 20 µM in the Fluorimetric Assay, dilute sample in 0.5% Triton X-100 and repeat the assay. Multiply result by the dilution factor *n*.

#### CALCULATION

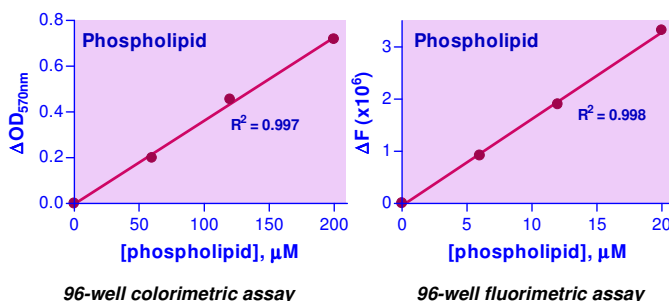
Subtract blank value (#4) from the standard values and plot the ΔOD or ΔF against standard concentrations. Determine the slope and calculate the phospholipid concentration of Sample,

$$[\text{Phospholipid}] = \frac{R_{\text{SAMPLE}} - R_{\text{BLANK}}}{\text{Slope } (\mu\text{M}^{-1})} \times n \quad (\mu\text{M})$$

R<sub>SAMPLE</sub> and R<sub>BLANK</sub> are optical density or fluorescence intensity readings of the Sample and H<sub>2</sub>O Blank (or Sample Blank if sample contains choline), respectively. *n* is the sample dilution factor.

#### MATERIALS REQUIRED, BUT NOT PROVIDED

Pipetting devices, centrifuge tubes, clear flat-bottom uncoated 96-well plates, optical density plate reader; black flat-bottom uncoated 96-well plates, fluorescence plate reader.



#### PUBLICATIONS

1. Dhamdhare, GR et al. (2014). Drugging a stem cell compartment using Wnt3a protein as a therapeutic. PLoS one 9.1: e83650.
2. Kim, SH et al. (2019). The early onset and persistent worsening pulmonary alveolar proteinosis in rats by indium oxide nanoparticles. Nanotoxicology: 1-11.
3. Dai, W et al. (2020). OGDHL silencing promotes hepatocellular carcinoma by reprogramming glutamine metabolism. Journal of Hepatology, 72(5): 909-923.