



Sino Biological
Biological Solution Specialist

Human IL-10 ELISA Kit

Catalog Number: KIT10947A

Please read this instruction manual carefully before using the product.

For Research Use Only. Not for use in diagnostic or therapeutic procedures.

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BACKGROUND

IL-10 is a anti-inflammatory cytokine which belongs to the IL-10 family. It is produced by a variety of cell lines, including T-cells, macrophages, mast cells and other cell types, while it is produced primarily by monocytes and to a lesser extent by lymphocytes. IL-10 is mainly expressed in monocytes and Type 2 T helper cells (TH2), mast cells, CD4+CD25+Foxp3+ regulatory T cells, and also in a certain subset of activated T cells and B cells. IL-10 has pleiotropic effects in immunoregulation and inflammation. It down-regulates the expression of Th1 cytokines, MHC class II Ags, and costimulatory molecules on macrophages. It also enhances B cell survival, proliferation, and antibody production. IL-10 can block NF-kappa B activity, and is involved in the regulation of the JAK-STAT signaling pathway. Knockout studies in mice suggested the function of this cytokine as an essential immunoregulator in the intestinal tract. The importance of interleukin 10 for counteracting excessive immunity in the human body is revealed by the fact that patients with Crohn's disease react favorably towards treatment with bacteria producing recombinant IL-10. IL-10 inhibits the synthesis of a number of cytokines, including IFN-gamma, IL-2, IL-3, TNF and GM-CSF produced by activated macrophages and by helper T-cells. It also displays a potent ability to suppress the antigen-presentation capacity of antigen presenting cells. However, it is also stimulatory towards certain T cells and mast cells and stimulates B cell maturation and antibody production.

INTENDED USE

For the quantitative determination of Human IL-10 concentration in cell culture supernates.

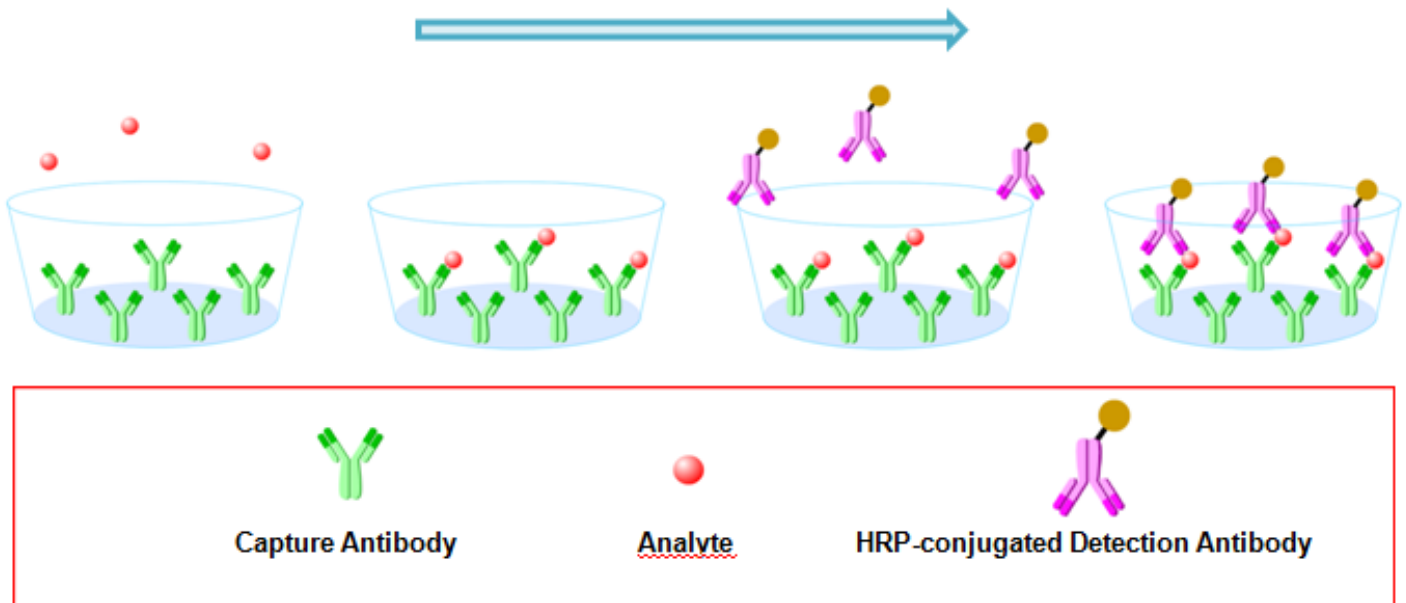
The use of this kit for other sample types need be validated by the end user due to the complexity of natural targets and unpredictable interference.

ALTERNATIVE NAMES

CSIF,GVHDS,IL-10,IL10A,Interleukin-10,TGIF

PRINCIPLE OF THE ASSAY

The principle of this ELISA kit is based on the solid phase sandwich enzyme immunoassay technique. A monoclonal antibody specific for Human IL-10 has been pre-coated onto well plate strips. Standards and samples are added to the wells and Human IL-10 present in the sample is bound by the immobilized antibody. After incubation the wells are washed and a horseradish peroxidase conjugated anti-Human IL-10 antibody is added, producing an antibody-antigen-antibody "sandwich complex". Following a wash to remove any unbound antibody a TMB substrate solution is loaded and color develops in proportion to the amount of Human IL-10 bound. The reaction is stopped by the addition of a stop solution and the intensity of the color can be measured at 450 nm (See schematics below).



MATERIALS PROVIDED

Human IL-10 Microplate - 96 well polystyrene microplate (12 strips of 8 wells) coated with mouse mAb antibody against Human IL-10.

Human IL-10 Detection Antibody - 0.2 mg/mL of rabbit mAb antibody against Human IL-10 conjugated to horseradish peroxidase (HRP) with preservatives.

Human IL-10 Standard - Recombinant Human IL-10 in a buffer with preservatives, lyophilized. The amount of standard is lot specific and indicated on the label of standard vial.

Wash Buffer Concentrate - 25 mL of a 20-fold concentrated solution of buffered surfactant with preservatives.

Dilution Buffer Concentrate - 8 mL of a 20-fold concentrated dilution buffer with preservatives.

Color Reagent A - 13 mL of stabilized hydrogen peroxide.

Color Reagent B - 13 mL of stabilized chromogen (tetramethylbenzidine).

Stop Solution - 8 mL of 2 N sulfuric acid.

STORAGE

Unopened Kit	Store at 2 - 8°C and the kit is stable for 6 months upon receipt.	
Opened/ Reconstituted Reagents	Diluted Wash Buffer	Stored for up to 1 week at 2 - 8°C
	Diluted Dilution Buffer	
	Conjugate	Stored for up to 1 month at 2 - 8°C
	Stop Solution	
	Unmixed Color Reagent A	
	Unmixed Color Reagent B	
	Standard	After reconstitution, store for up to 1 month at -80°C. The reconstituted standards should be aliquoted and avoid repeated freeze-thaw cycles.
	Microplate Wells	Return unused strips to the foil pouch containing the desiccant pack and reseal along entire edge of zip-seal. Stored for up to 1 month at 2 - 8°C

OTHER SUPPLIES REQUIRED

Microplate reader capable of measuring absorbance at 450 nm

Pipettes and pipette tips

Deionized or distilled water

Multi -channel pipette, squirt bottle, manifold dispenser, or automated microplate washer

500 mL graduated cylinder

Tubes for standard dilution

Well plate cover or seals

PRECAUTIONS

1. This kit is **for research use only** and is not for use in diagnostic or therapeutic procedures.
2. The kit should not be used beyond the expiration date.
3. Do not mix reagents from different lots.
4. The kit is designed and tested to detect the specific targets and samples shown in the manual. The use of this kit for other purpose should be verified carefully by the end user.

SAFETY INSTRUCTIONS

5. The Stop Solution provided with this kit is an acid solution. Take care when using the reagent to avoid the risk.
6. All biological materials should be handled and discarded as potentially hazardous following local laws and regulations.
7. Personal protective equipments such as lab coats, gloves, surgical masks and goggles are necessary in experiments for safety reasons.

TECHINICAL TIPS

8. Bring all reagents and samples to room temperature before use.
9. Samples should be thawed completely and mixed well prior to analysis. Avoid repeated freeze-thaw cycles of frozen samples.
10. A standard curve should be generated for each set of sample assayed. DO NOT USE the standard curves from other plates or other days.
11. Use a new disposable reagent reservoir and new disposable pipette tips for each transfer to avoid cross-contamination.
12. Read the absorbance of each well within 20 minutes after adding the stop solution.

SAMPLE COLLECTION AND STORAGE

Cell Culture Supernates - Remove particulates by centrifugation and assay immediately or aliquot and store samples at -20°C or lower temperature. **Avoid repeated freeze-thaw cycles. If the use of original supernate sample or low dilution (<5 fold) are necessary due to the expected low concentration of antigen supernates need be adjust to neutral pH condition before assay.**

Note:

The sample should be diluted to within the working range of the assay in 1 × dilution buffer. The exact dilution must be determined based on the concentration of specific target in individual samples.

REAGENT PREPARATION

Bring all reagents to room temperature before use. If crystals have formed in buffer solution, warm to room temperature and mix gently until the crystals have completely dissolved.

Wash Buffer - Prepare 1 × wash buffer by adding 20 mL of Wash Buffer Concentrate to deionized or distilled water to prepare 400 mL of Wash Buffer.

Dilution Buffer - Prepare 1 × dilution buffer by adding 5 mL of Dilution Buffer Concentrate to deionized or distilled water to prepare 100 mL of Dilution Buffer.

Detection Antibody - Centrifuge at 10,000 × g for 20 seconds. Dilute to **work concentration** of 0.45 µg/mL in Dilution Buffer before use.

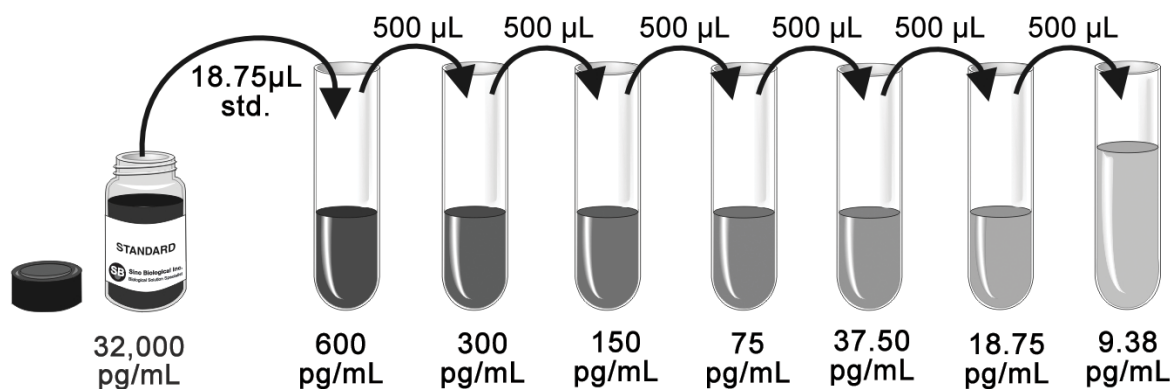
Substrate Solution - Color Reagents A and B should be mixed together in equal volumes within 15 minutes of use. Protect from light. 200 µL of the resultant mixture is required per well. **Take care not to contaminate the Color Reagent. If the mixed color reagent is blue. DO NOT USE.**

Human IL-10 Standard - Reconstitute the Human IL-10 Standard with 1 mL of Dilution Buffer to make stock solution. Shake the vial gently until the lyophilized powder totally dissolved (**Do not turn the vial upside down**). Mix the standard to ensure complete reconstitution prior to making dilutions.

Prepare serially diluted standards as described in the following step:

Pipette 981.25 μL of Dilution Buffer into the 600 pg/mL tube. Pipette 500 μL of Dilution Buffer into the remaining tubes. Use the stock solution to produce a dilution series as the following figure. Mix each tube thoroughly before the next transfer. The 600 pg/mL standard serves as the high standard. The Dilution Buffer serves as the zero standard (0 pg/mL). **Ensures each assay has a standard curve. DO NOT USE the standard curve on other plates or other days.**

The following graph is only for demonstration purposes. The concentration of stock solution is lot specific and need be calculated with the actual amount of standard labeled on the standard vial.



ASSAY PROCEDURE

Bring all reagents and samples to room temperature before use. It is recommended that all samples and standards be assayed in duplicate.

1. Prepare all reagents, working standards, and samples as directed in the previous sections.
2. Remove unused microplate strips from the plate frame, return them to the foil pouch containing the desiccant pack, and reseal.
3. Wash each well three times with Wash Buffer (300 μL /well) using a squirt bottle, multi-channel pipette, manifold dispenser or autowasher. **Complete removal of liquid at each step is essential to good performance. Remove any remaining Wash Buffer by aspirating or decanting. Invert the plate and blot it against clean paper towels.**
4. Add 100 μL of each serially diluted protein standard or test sample per well including a zero standard. **Ensure reagent addition is uninterrupted and completed within 15 minutes.** Cover/seal the plate and incubate for 2 hours at room temperature.
5. Repeat the aspiration/wash as in Step 3.
6. Add 100 μL of Detection Antibody in working concentration to each well. Cover/seal the plate and incubate for 1 hour at room temperature.
7. Repeat the aspiration/wash as in Step 3.
8. Add 200 μL of Substrate Solution to each well. Incubate for 20 minutes at room temperature. **Protect from light.**
9. Add 50 μL of Stop Solution to each well. If color change does not appear uniform, gently tap the plate to ensure thorough mixing.
10. **Determine the optical density of each well within 20 minutes**, using a microplate reader set to 450 nm.

CALCULATION OF RESULTS

If samples generate values higher than the highest standard, dilute the samples and repeat the assay.

Calculate the mean absorbance for each standard, control and sample and subtract average zero standard optical density (O.D.) .

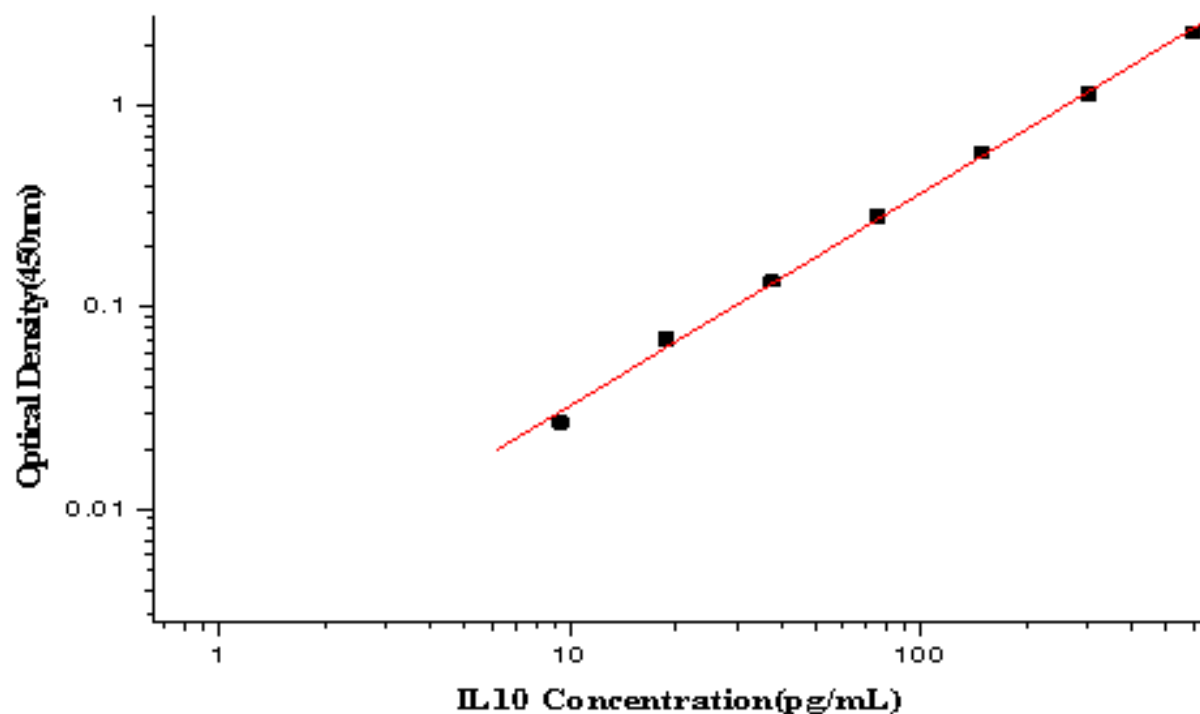
Construct a standard curve by plotting the mean absorbance for each standard on the y-axis against the concentration on the x-axis and draw a best fit curve through the points on the graph. Most graphing software can help make the curve and a four parameter logistic (4-PL) usually provide the best fit, though other equations (e.g. linear, log/log) can also be tried to see which provides the most accurate.

Extrapolate the target protein concentrations for unknown samples from the standard curve plotted.

TYPICAL DATA

This standard curve is only for demonstration purposes. A standard curve should be generated for each assay.

Concentration (pg/mL)	Zero standard subtracted OD
0	0
9.38	0.027
18.75	0.070
37.50	0.135
75	0.283
150	0.582
300	1.147
600	2.320



PRECISION

Intra-assay Precision (Precision within an assay)

Three samples of known concentration were tested twenty times on one plate to assess intra-assay precision.

Inter-assay Precision (Precision between assays)

Three samples of known concentration were tested in five separate assays to assess inter-assay precision.

	Intra -assay Precision			Inter -assay Precision		
Sample	1	2	3	1	2	3
N	20	20	20	3	3	3
Mean (pg/mL)	110	208	397	110	213	412
SD	3.33	7.55	10.86	4.51	26.31	52.14
CV (%)	3.0%	3.6%	2.7%	4.1%	12.4%	12.7%

RECOVERY

The recovery of Human IL-10 spiked to different levels throughout the range of the assay in related matrices was evaluated.

Sample	Average % Recovery	Range
Cell culture supernates (n=3)	71	70 -72%

LINEARITY

		Cell culture supernates
1:2	recovery of detected	100%
1:4	recovery of detected	100%
1:8	recovery of detected	107%
1:16	recovery of detected	99%

SENSITIVITY

The minimum detectable dose (MDD) of Human IL-10 is typically less than 4.11 pg/mL. The MDD was determined by adding three standard deviations to the mean optical density value of twenty zero standard replicates and calculating the corresponding concentration.

CALIBRATION

This immunoassay is calibrated against a highly purified recombinant Human IL-10 produced at Sino Biological Inc., (Cat# 10947-HNAE).

SAMPLE VALUES

PBMC (2 x 10E6 cells/mL) were cultured in 1640 supplemented with 10% bovine calf serum, 100 U/mL penicillin, and 100 µg/mL streptomycin sulfate. The cells were cultured unstimulated or stimulated with 1 µg CD3(OKT3) for 3 days.

Aliquots of the cell culture supernates were removed and assayed for levels of natural human IL10, and measured 1290 pg/mL.

SPECIFICITY

This assay recognizes both recombinant and natural Human IL10. The factors listed below were prepared at 50 ng/mL in dilution buffer and assayed for cross-reactivity. No cross-reactivity was observed.

Recombinant human			
IL1	IL2	IL33	SCF
IL8	PDGF	TNF- α	IL4
IL6	IFN- γ	VEGF	MIP-1 β
TIMP1	TIMP2	GM-CSF	IL10RB
Recombinant mouse			
IL11RB			
Recombinant rat			
IL10	IL11RB		
Recombinant feline			
IL10			
Recombinant porcine			
IL10			

Preparations of the factors listed below at 50 ng/mL in a mid-range recombinant human IL10 control were assayed for interference. No significant interference was observed.

Recombinant human	
IL10RB	
Recombinant mouse	
IL11RB	
Recombinant rat	
IL10	IL11RB
Recombinant feline	
IL10	
Recombinant porcine	
IL10	

TROUBLE SHOOTING

Problems	Possible Sources	Solutions
No signal	Incorrect or no Detection Antibody was added	Add appropriate Detection Antibody and continue
	Substrate solution was not added	Add substrate solution and continue
	Incorrect storage condition	Check if the kit is stored at recommended condition and used before expiration date
Poor Standard Curve	Standard was incompletely reconstituted or was inappropriately stored	Aliquot reconstituted standard and store at -80°C . The reconstituted standards should be aliquoted and avoid repeated freeze-thaw cycles.
	Imprecise / inaccurate pipetting	Check / calibrate pipettes
	Incubations done at inappropriate temperature, timing or agitation	Follow the general ELISA protocol
	Background wells were contaminated	Avoid cross contamination by using the sealer appropriately
Poor detection value	The concentration of antigen in samples was too low	Enriching samples to increase the concentration of antigen
	Samples were ineffective	Check if the samples are stored at cold environment. Detect samples in timely manner
High Background	Insufficient washes	Use multichannel pipettes without touching the reagents on the plate
		Increase cycles of washes and soaking time between washes
	Color Reagent should be clear and colorless prior to addition to wells	Color Reagent should be clear and colorless prior to addition to wells
	Use clean tubes and pipettes tips	Use clean plates, tubes and pipettes tips
Non-specificity	Samples were contaminated	Avoid cross contamination of samples
	The concentration of samples was too high	Try higher dilution rate of samples

PRECAUTIONS_中文版

注意事项:

1. 本产品仅用于研究，不能用于临床诊断或治疗。
2. 试剂盒必须在保质期内使用。
3. 不允许混用来自不同试剂盒和不同CW13JU0501的试剂。
4. 本产品仅能够应用于检测说明书中标注的靶点抗原与样本。其它应用需经使用者设计验证后，根据结果评估使用的可靠性与准确性。

SAFETY INSTRUCTIONS_中文版

安全提示:

1. 本试剂盒中的终止液为酸溶液,应注意小心操作。
2. 所有生物样本均具有潜在生物安全风险，使用者应严格按照当地法律和相关规定操作处理和丢弃样本。
3. 出于安全原因，操作者应穿戴个人防护装备，如实验服，手套，口罩和护目镜。

TECHINICAL TIPS_中文版

应用技巧:

1. 使用前应将试剂盒的所有组分和待检样本温度恢复到室温。
2. 冻存样本检测前应彻底化冻并混匀，并注意避免反复冻融。
3. 每次试验均需制备相应的标准曲线，不同试剂盒以及不同天的标准曲线不能混用。
4. 注意在不同样本和步骤间及时更换加样槽和枪头，避免交叉污染。
5. 读取光吸收值应在加入终止液后二十分钟内完成。

REAGENT PREPARATION_中文版

试剂准备:

使用前应将试剂盒的所有组分和待检样本温度恢复到室温。

1×洗涤缓冲液配制 - 如浓缩洗涤缓冲液中已形成结晶，请平衡到室温至结晶完全溶解，混匀后取 20 mL 20×浓缩洗涤缓冲液至去离子水或超纯水中，定容至 400 mL。

1×稀释缓冲液的配制 - 如果浓缩稀释缓冲液中已形成结晶，请平衡到室温至结晶完全溶解，混匀后取 5 mL 20×浓缩稀释缓冲液至去离子水或超纯水中，定容至 100 mL。

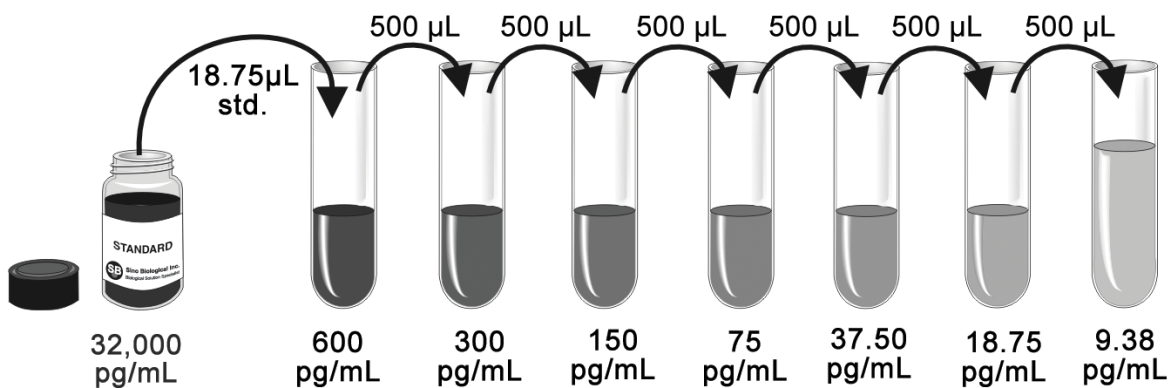
检测抗体的配制 - 使用前 10,000g 离心 20 秒，然后用 1×稀释缓冲液将酶标检测抗体稀释至工作浓度，0.45 μg/mL。

底物液的配制 - 使用前 15 分钟将显色 A 液、显色 B 液等体积混合，避光。确保底物液不被污染，如混合后的底物液已经变蓝，请勿使用。

标准品复溶 - 将 1mL 1×稀释液加入到冻干标准品的安瓶中制备标准品储液，充分溶解，混匀后（勿翻转管子）等体积分装，-80 度保存，复溶后的储液浓度应根据冻干标准品标签上的标注蛋白量进行计算。

标准曲线的制备 - 取 8 个管，按照标准品浓度依次进行标记，移取 981.25 μL 1×稀释缓冲液至标记为 600 pg/mL 的离心管中，其余各管移取 500 μL，根据标准品储液浓度计算 600 pg/mL 标准品应移取的储液体积，加至离心管中，混匀，取 500 μL 至下一标记浓度的离心管中，混匀…进行一系列倍比稀释；600 pg/mL 为标准曲线最高点，1×稀释缓冲液为空白（0 pg/mL）。每次试验均需制备相应的标准曲线，不同试剂盒以及不同天的标准曲线不能混用。

下图仅用于标准曲线制备范例展示，由于冻干标准品的批次差异，复溶后标准品储液的蛋白浓度不同，应根据实际浓度计算配制标准曲线所需的储液体积。



ASSAY PROCEDURE_中文版

试验流程:

使用前应将试剂盒的所有组分和待检样本温度恢复到室温。强烈建议所有的标准品和待检样本进行双复孔测定。

1. 按前述试剂准备项准备好各种试剂、标准品和待测样本。
2. 计算检测样本所需酶标条，将酶标条从铝箔袋取出，剩余的酶标条放回铝箔袋中并封好袋口，低温保存。
3. 洗板：用 1×洗涤缓冲液 (300 μ L/孔) 洗板三次，拍干酶标板。洗板对试验结果有重要影响，确保最后一次拍板没有洗液残留。
4. 样本孵育：加入标准品和待测样本，100 μ L/孔, 确保 15 分钟内完成点样，室温孵育 2 小时。
5. 洗板：弃去孔中液体，加入 1×洗涤缓冲液 (300 μ L/孔) 洗板三次，拍干酶标板。
6. 酶标检测抗体孵育：将预先配制至工作浓度的检测抗体加入酶标板中，100 μ L/孔，混匀，室温孵育 1 小时。
7. 洗板：弃去孔中液体，加入 1×洗涤缓冲液 (300 μ L/孔) 洗板三次，拍干酶标板。
8. 显色：将预先配制的底物液加入酶标板中，200 μ L/孔，混匀，室温避光孵育 20 分钟。
9. 终止：加入 50 μ L/孔终止液至酶标板中，轻轻震动酶标板至显色均匀。
10. 读值：20 分钟内读取 450nm 的光吸收值。

CALCULATION OF RESULTS_中文版

结果处理：

如果待测样本 OD 值超出标准曲线最高点 OD 值，需将样本进行稀释后重新测定。

取标准品、空白对照、样本的平均光吸收值，减去空白对照的平均光吸收值，得到标准品、样品的光吸收校准值。以标准品浓度为横坐标，校准后的标准品光吸收值为纵坐标绘制标准曲线。

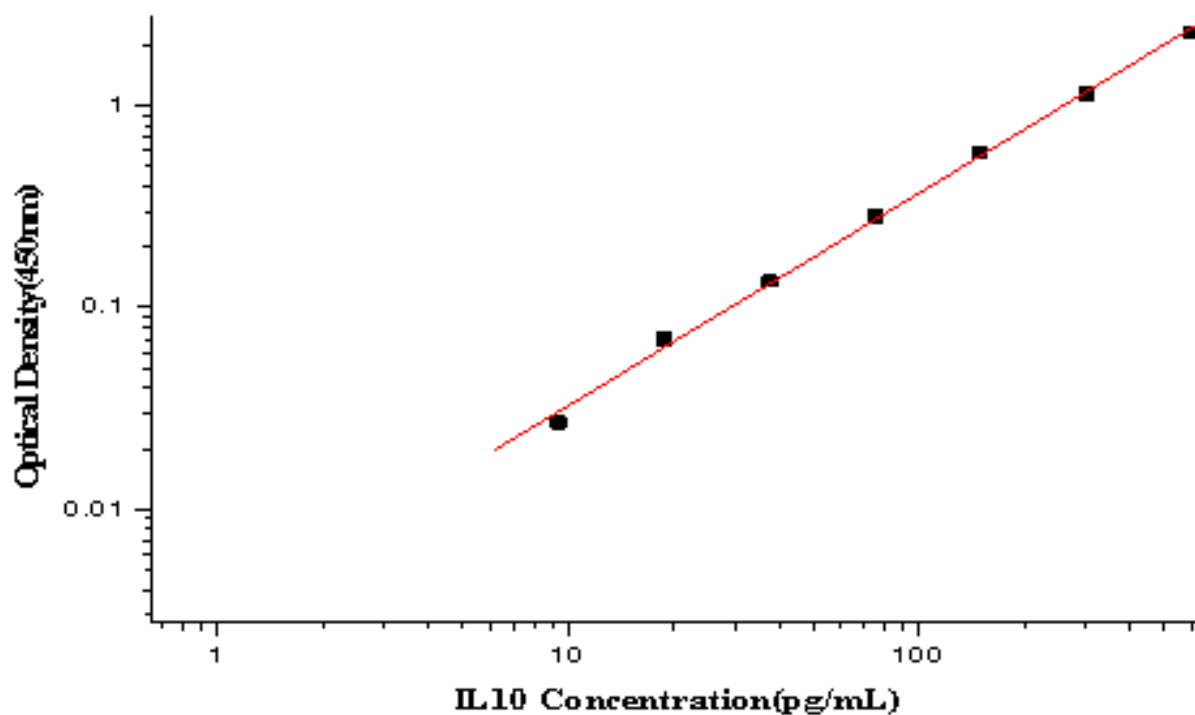
多种绘图和统计学软件可以用于辅助绘制标准曲线并进行未知样本浓度的计算。四参数拟合法往往曲线拟合效果较好，但其它方法如线性，双对数法也可能获得较好拟合结果，需要根据具体实验数据进行分析。

TYPICAL DATA_中文版

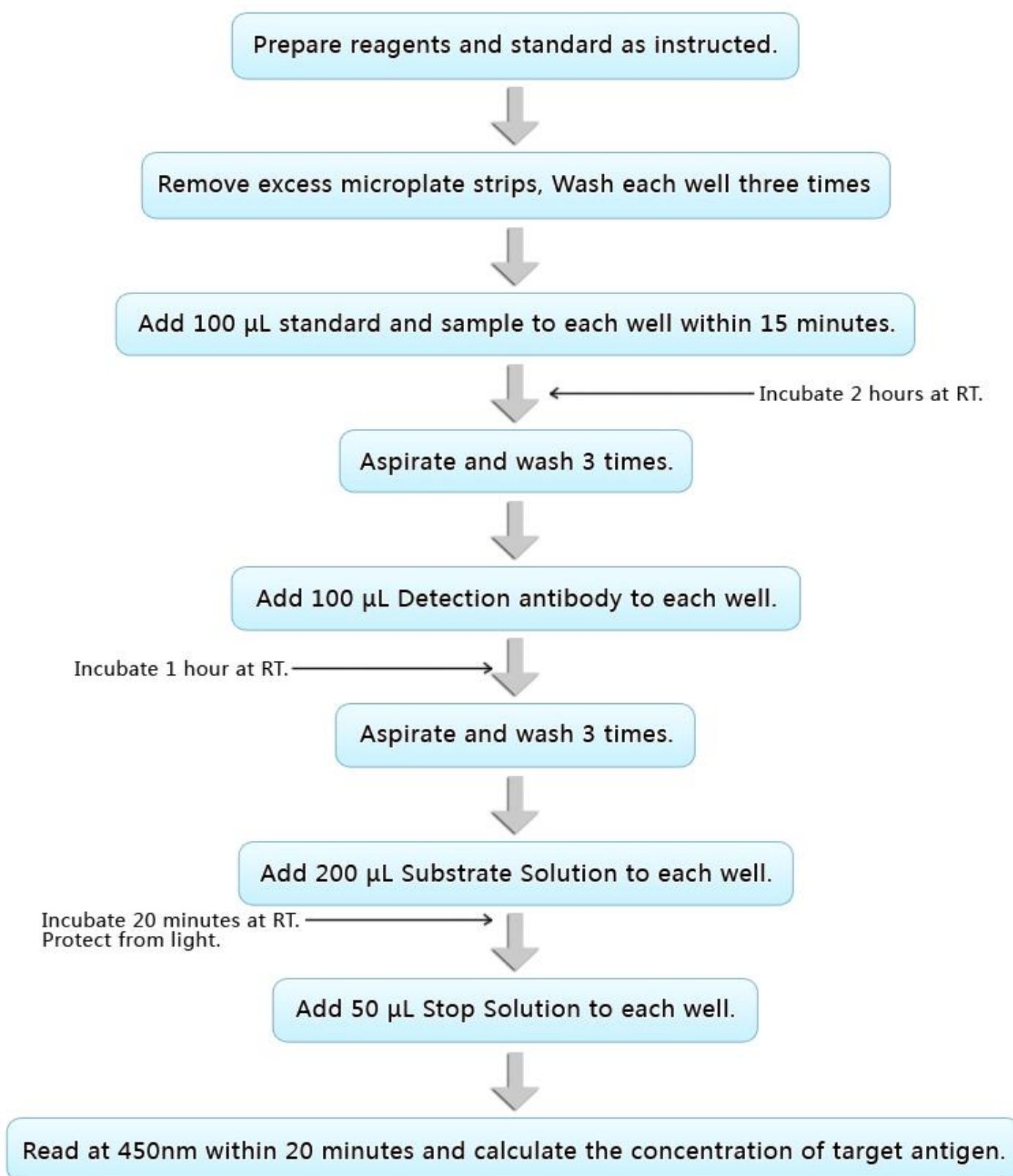
示例数据

以下标准曲线图仅供参考，应以同次实验标准品所绘标准曲线计算标本含量。

Concentration (pg/mL)	Zero standard subtracted OD
0	0
9.38	0.027
18.75	0.070
37.50	0.135
75	0.283
150	0.582
300	1.147
600	2.320



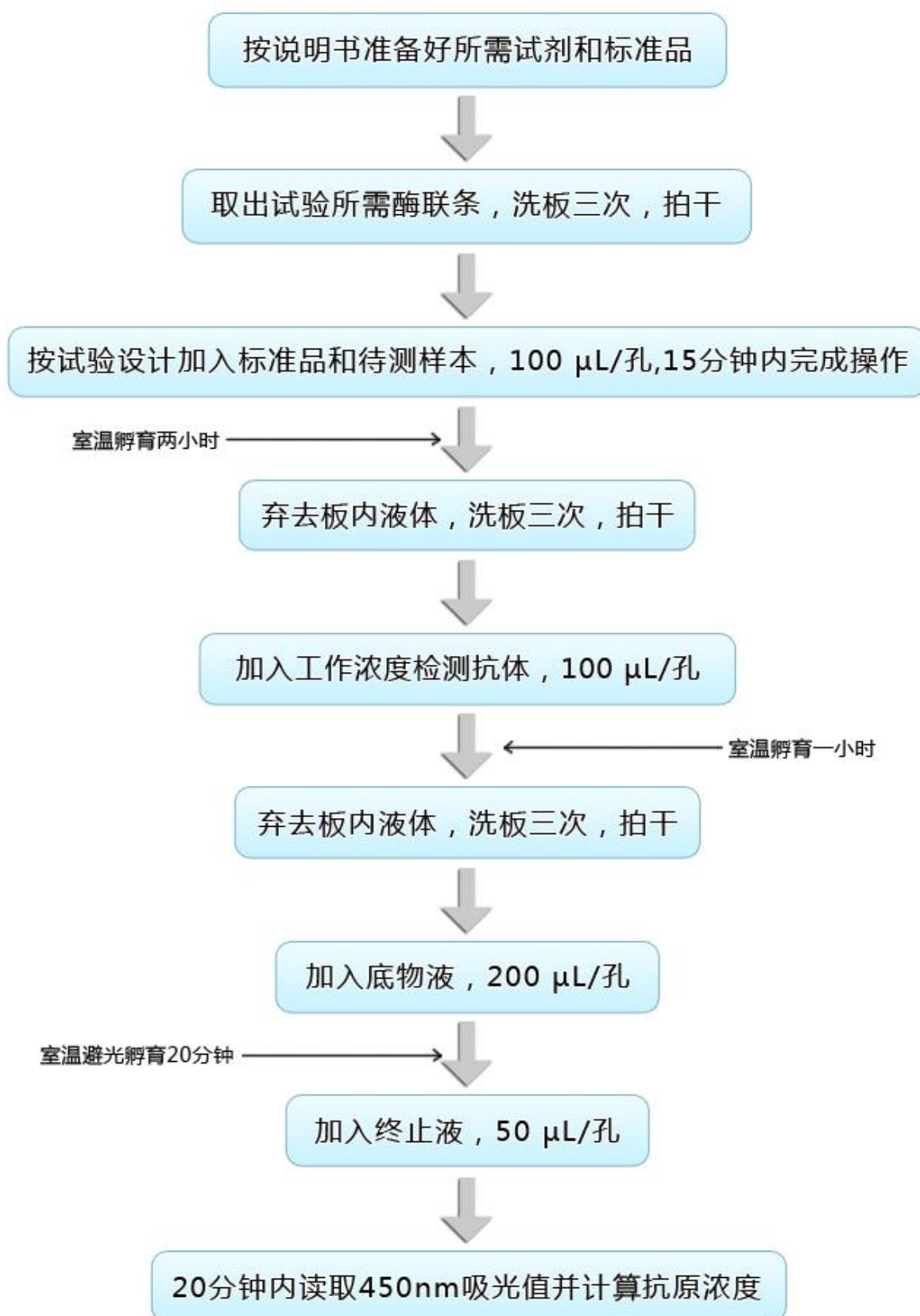
ASSAY SUMMARY



http://doc.sinobiological.com/reagent/ASSAY_SUMMARY.pdf

ASSAY SUMMARY_中文版

实验流程汇总简图





<http://www.sinobiological.com>



Face book



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